

PROGRAMMES AND ACTIVITIES OF FAMILY LIFE MINISTRIES

Counselling Services – Workshop & Seminar Programmes

Family Life, Parenting workshops and Marital issues,
Manager Coaching Sessions, Psychological testing.

Radio Programmes

Family Time®, a Discussion & Call-in programme on
Love 101 FM radio;

Let's Talk Family, aired on The Breath of Change
(TBC) Radio, Kingston, Jamaica

Public Programmes

Teaching programmes to Parents-Teachers
Associations, Churches and other groups, addressing
topics related to family life with an evangelical thrust.

Research and Documentation

Collects and disseminates information on family life in
the Caribbean.

Resource Centre: Operates as a referral centre on
family related concerns and sells books, magazines,
audio tapes, CDs and DVDs.

The Fitz-Henley Conference Centre

Fully equipped training facility with seating for 100
persons, suitable also for functions and weddings

Client Access

Almost 5,000 appointments were made over the
period January to June 2013. Clients were seen at
FLM counselling centres in Kingston, Port Maria,
Mandeville and Portmore, as well as in private
offices of Associates and in off-site locations
requested by clients.

Pro-Bono Activities

Through contributions from individuals, churches
and organizations, the Ministry offered pro-bono
services to over 360 persons over the period
January to June 2013. We've also had
opportunities to share in platform ministry and in
schools to spread the message of healing and
healthy family life.

Contact Information

Head Office & Counselling Centre

1 Cecelio Avenue, Kingston 10, Jamaica, W.I.
Tel. (876) 926-8101, 929-4360, 920-1034
Digicel: (876) 469-4608 Fax: (876) 960-8614
Email: fam.life@cwjamaica.com

Portmore Counselling Centre

117 Cecile Avenue, Portmore, St. Catherine
Tel: (876) 939-7917

WEBSITE:

www.familylifeministriesjamaica.com

Looking Forward 2014!

FAMILY LIFE MINISTRIES CELEBRATES 30 YEARS OF MINISTRY IN 2014

Anniversary Activities

- ✦ Inner City Valentines Dinner – February
- ✦ Fund-raising Anniversary Banquet

Thank You Partners!!

... For standing with us for over 29 years! Your
prayers, financial gifts, visits and words of
encouragement have been a blessing to us as we
endeavour to make a difference in our
Island, Jamaica and the other Caribbean islands.

* FAMILY LINK

Quarterly Newsletter



CHRISTMAS GREETINGS FROM FAMILY LIFE MINISTRIES

Encouraging and actively promoting
healthy Family Life in accordance
with the principles of The Bible –
God's Word, in Jamaica, the wider
Caribbean and elsewhere.

*The Roots of a Stable Family
Go Deep Into The Word of God.*

*May the Peace and Hope of
Christ's birth
Be with you in the
days ahead*



Greetings from the Board of Directors

Dear Family & Friends,

This year has been very challenging for us as a Nation, not only because of the continuing financial crisis, but also because of the continuing deterioration of our values and attitudes and a corresponding rise in indiscipline and antisocial behaviour. At FLM we also had our challenges, yet the Lord has favoured the Ministry through the prayers and contributions of you our partners in ministry. We thank God also for a dedicated staff of workers who continue to serve faithfully.

As the Christmas season approaches, we encourage each one to draw close to family and friends. Make the effort to spend time with each other and develop closer bonds which will foster healthier families. Let us be cognizant that this is the season of love and benevolence. Share your love and substance with those who are less fortunate. "They will know that we are Christians by our love" (John 13:34,35).

We thank you for your prayers and support during 2013 and look forward to your involvement next year, especially, as we will be celebrating 30 years of ministry and need to intensify our effort to build healthy and stable families.

May the Lord bless you and your family richly.

Arnold Aiken, Chairman



Giving to Family Life Ministries

Family Life Ministries is financed by the gifts of individuals and organizations, and fees from services offered to clients. The ministry encourages those who are concerned about the growing deterioration of family life in our society to pledge a contribution in support of FLM. All contributions are tax deductible and the financial affairs are subject to annual external audits. Our auditors are Daly, Garrick, Daly.

Book Overview



This 198 page book is easy to read and down to earth yet scholarly reflecting the authors' qualifications and experiences. The purpose of this book is to prepare parents and the extended family with authentic parenting skills and to provide information relative to raising children to become productive citizens. The Bibliography reflects a wide cross section of renowned authors and publishers.

The book is structured in thirteen (13) chapter divisions that work through progressive stages with age appropriate information for the first time parents to the parents of teenagers. The themes discussed address critical and important issues that relate to good parenting. For example, it develops the differences between relationship and firmness, nutrition, growth and intelligence, speech and language, discipline, sexuality, the pre-teen years, self-esteem, adolescence and how to bless your child.

It provides an invaluable section at the end of each chapter with a series of questions for further probing and personal applications. The book can also be useful in small group interactive sessions.

Here are a few quotations that will whet your appetite.

"Childbirth is one of the most significant experiences in a woman's life. The woman who is in labour needs trained, experienced care and attention. She also needs emotional support" pg 5

"Parenting, at best, is teamwork. The child needs both parents, not just for the conception, but for the whole developmental process leading to adulthood" pg 7

"Firmness without relationship leads to rebellion. Relationship plus firmness produces a positive response" pg 23

"Children who suffer from low self esteem often perform poorly in school, even though they may be quite intelligent. They often lack confidence in themselves..." pg 148

"Teenagers are likely to become very frustrated and angry if parents fail to confront difficult situations and deal with them openly, wisely and thoroughly." pg 166

The authors Dr. Faith Linton and Dr. Barry Davidson are highly qualified to write on these topics and bring to the table many combined years of experiences in family matters.



Dr. Wayne Henry,
Family Life Ministries Board Director

Married to Dr. Gail Webster (Ophthalmologist), 2 Sons: Matthew & Joshua, 1 Daughter: Gabrielle.

Lay Preacher in the Methodist Church in Jamaica (Member of Saxthorpe Methodist Church).

Favourite Bible Verse:

"Trust in the Lord with all your heart, and lean not unto your own understanding. In all your ways acknowledge Him, and He shall direct your paths." (Prov. 3:5,6)

Wayne's Parenting Tips



Do:

- Spend quality time with your children (do things together, speak with them often, take time to listen to them, help them with their schoolwork)
- Pray for them and pronounce blessings over them
- Raise them in the fear of The Lord (teach them to pray, have regular prayer and bible reading at home)
- Hug them, express love and affection physically as well as verbally.
- Discipline them in love
- Encourage and motivate them
- Live by example and love each other as spouses
- Try to be mindful of the various needs of your family members (Phil. 2: 4)

Don't:

- Tear them down, or criticize them harshly
- Physically abuse or discipline with no love
- If more than one child, do not compare one to the other
- Overindulge or spoil them

